

*A New York Times bestseller and international sensation, this “stimulating and important book” (Financial Times) is a fascinating dive into the purpose and power of slumber.*

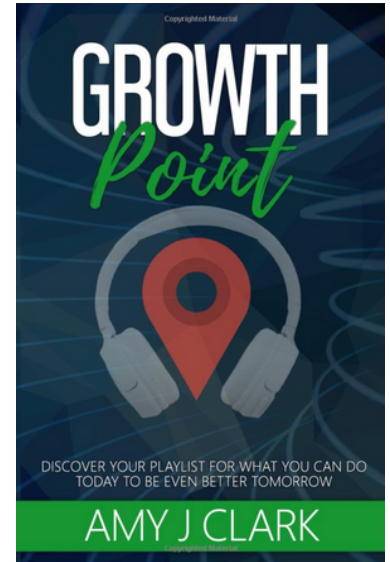
Sleep is one of the most important but least understood aspects of our life, wellness, and longevity. Until very recently, science had no answer to the question of why we sleep, this book aims to answer those questions!

[Find out more here.](#)

*How do we refresh our minds and revive our spirits to achieve a sense of clarity and broaden ourselves toward growth moments?*

Our most recent podcast guest Amy Clark has written a book where she helps guide the reader through the step-by-step process that’s involved in finding your growth point. Amy draws from her personal experience to share knowledge on the essentials of growth, to guide you along the journey towards a more fulfilled version of you.

[Find out more here.](#)



*Providing deep, expert insight and advice for what needs to change and how to change it, this is the definitive book for reimagining and creating a talent-driven organization that wins.*

Turning conventional views on their heads, talent and leadership experts Ram Charan, Dominic Barton, and Dennis Carey provide leaders with a new and different playbook for acquiring, managing, and deploying talent, for today’s agile, digital, analytical, technologically driven strategic environment.

[Find out more here.](#)



*What does it take to successfully navigate your career in challenging times when jobs are tight, competition is fierce, markets are changing?*

Taking the Leap can help you achieve your goals by focusing you on three critical areas: Personal Leadership, Change Management and Communication. Dr. Beth Banks Cohn and Ms. Roz Usheroff blend their complementary expertise to bring you career-boosting strategies along with activities and case examples that will benefit you at any stage of your career.

[Find out more here.](#)

